

CERTIFICATE OF PARTICIPATION

This is to certify that

Gareth Williams

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:08:38

PACE 09:52/km

GENDER 70 of 79

OVERALL 112 of 149

OPEN 35 of 40

23 June 2019, Sun

Date



BoutTime

Signature

